

Volunteer Counsellor

Our core mission is to improve the lives of anyone affected by cancer, including those with a diagnosis, carers, family members and bereaved relatives, by enhancing emotional, psychological and physical well-being.

The Mulberry Centre offers one-to-one person-centred counselling to individuals affected by cancer (patients, carers and bereaved). We offer seven sessions to cancer patients, carers and anyone who has been bereaved.

Time commitment Half a day per week or up to 3 clients, external supervision and regular attendance at meetings.

Volunteer Specification

- Must be in or have completed a BACP or equivalent accredited course.
- 40 hours of 1 to 1 counselling hours are required and the support of the training organisation to start client work.
- Personal liability cover and membership of a professional body for counselling and psychotherapy is required.
- Due to the nature of our work we require candidates not to have had personal experience of cancer either themselves or a close family member within the preceding two years or been bereaved within the preceding two years.

Support and Training

- Counsellors are encouraged to be in personal counselling/therapy and to commit to ongoing professional development within a related area of work.
- Volunteer counsellors either in training or qualified will be required to attend external supervision for their work at TMC and will receive £45 per month towards supervision costs.
- Training provided by TMC, two trainings towards CPD annually, and attendance at team meetings are required.
- Counsellors will have reviews with the Counselling Lead initially 3 months after joining then subsequently every year, as a way of compassionately monitoring and supporting their work. These are of an informal and confidential nature.
- The Centre offers £50 per annum towards professional development within related areas, after six months as a volunteer at the centre.
- Public transport expenses are paid or mileage up to a limit of 30 miles per day, currently at 45p per mile. Parking is limited and cannot be guaranteed.

Further information - Email: katherine.heath@themulberrycentre.co.uk

Responsible to: Psychological Support Lead