



themulberrycentre
for anyone affected by cancer



CANCER AND COVID-19 SUPPORT REMOTE SERVICES

Support services extended to the General Public
and NHS staff impacted by COVID-19

Services and registrations are free of charge



ONE-TO-ONE SUPPORT CONSULTATIONS

Emotional Support
Counselling
Complementary therapies: Relaxation; Emotional freedom technique; Distance reiki; Aromatherapy sessions
Legal information
Welfare and Benefits service: Benefits applications; Debt; Housing; Employment; Grant applications
Befriending service
End of life (EoL) and bereavement*

* Offered for ALL diseases including cancer and COVID-19, for patients, carers and bereaved who live or work in Hounslow, or if the patient is/was hospitalised at the West Middlesex University Hospital.



ONLINE WORKSHOPS AND WELL-BEING CLASSES

Managing Stress
Emotional Freedom Technique
Paired Massage and Self massage
Sleep Management
Cancer Nutrition
Aroma Sticks
Art Class and Flower Remedies (separate workshops)
Legal support
'How people grieve'
Hot Flushes, Body Image and Impact on Sexual life
Ladies Morning
Meditation
Yoga
Tai Chi
Art Class
Creative writing
Book Group



SUPPORT GROUPS

Patients
Carers
Bereaved

NO APPOINTMENTS NEEDED

To register, please call:

Rochelle	07759 946 600	9:30am–1.30pm
Raffa	07376 658 623	9.30am–1.30pm
Lucy	07592 873 235	1.00pm–5.00pm

PLEASE VISIT OUR WEBSITE

For timetable and more
information

www.themulberrycentre.co.uk



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