

# Kew Gardens 10K

12<sup>th</sup>/13<sup>th</sup> September  
2020



## Raise money to support The Mulberry Centre by running the Kew Gardens 10K

The two 10ks will have reduced number and will adopt a fully socially distanced format, taking place inside Kew Gardens, which is a large open space, fully secluded and will close from the public.

[themulberrycentre.co.uk](http://themulberrycentre.co.uk)

# Take on a Challenge



## Kew Gardens 10K

Saturday, 13th September 2020 and Sunday, 14th September 2020

Run London's flattest course on roads and paths in the beautiful surrounds of Kew Gardens.

Minimum age 15.



## Run to raise money for The Mulberry Centre

The Mulberry Centre has limited places reserved at this event. We are just waiting for you to take on this challenge and raise vital funds to help support our services.



## Location

The Orangery, Royal Botanic Gardens, Kew. Enter via Ferry Lane, Kew Green, TW9 3AF.

## Start Time

8.30am

## Sponsorship pledge

We ask runners to raise a £300 for the Kew Gardens 10K

## Cancellation policy

If you are not able to run at the last minute, but have raised sponsorship funds, we ask that you either donate the money that was raised to us or return it to your sponsors. If you choose not to run and have not raised any sponsorship you will be asked to cover the race entry fee. The race may be cancelled by the organisers as is subject to the latest health advice.

## Register

If you would like to take on this challenge please contact the fundraising team who will be on hand to give you support and advice on 0208 321 6304 or email

[fundraising@themulberrycentre.co.uk](mailto:fundraising@themulberrycentre.co.uk).

Alternatively you can register yourself directly with [Runfest](#) and scrolling down to find The Mulberry Centre charity places.

**We are here to help!**

Your support is vital to everyone at The Mulberry Centre and it makes a real difference.

Here are some of the ways that your sponsorship money could help:

♥ £15 could help towards running a support group so that people are able to talk with others going through the same journey

♥ £50 could help towards providing a counselling session for someone having Chemotherapy.

♥ £100 could help towards the cost of a course of complementary therapies for someone who has just lost a loved one to cancer

♥ £1600 will help us keep our doors open for one day.

## Collecting sponsorship

JustGiving is an easy way to fundraise online which saves us money too! We have our own page set up [The Mulberry Centre JustGiving page](#).

If you receive cash donations do pay them in online which saves the Centre having to pay JustGiving fees. Please visit our [online donation](#) page.

For more information on raising sponsorship and setting up a Justgiving page please see our [fundraising guide](#).

\*Subject to final approval, If the organisers are unable to hold the event you can transfer your entry into the next year's event.

Thank you for supporting us  
[www.themulberrycentre.co.uk](http://www.themulberrycentre.co.uk)  
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