



the**mulberry**centre

for anyone affected by cancer

# Cancer Nutrition workshop



***Presented by  
Elizabeth Butler, nutritional therapist***

*Liz spent seven years working as the Senior Nutritional Therapist for the charity Penny Brohn Cancer Care and worked for the breast cancer charity The Haven. She has consulted for many national cancer charities on nutritional issues, including The Prostate UK.*

- *Nutritional information for people affected by cancer.*
- *Discovered new foods and new ideas*
- *Guidance on enjoying a healthier diet and lifestyle.*
- *Find a healthy eating approach that can nourish physically and emotionally*
- *It is therapeutic to follow a diet that brings pleasure and joy. A diet should not be harsh or restrictive.*

**Tuesday 4<sup>th</sup> August 2020**

**3.00 pm - 4.30 pm**

**Please Join us on Zoom, for further details please refer to our timetable.**

*Please note that the support offered is designed to work safely alongside and to complement any conventional cancer treatment, the nutritional support offered is not designed to treat cancer and is not intended as an*