



themulberrycentre
for anyone affected by cancer



REMOTE SERVICES

Support services
EXTENDED to the General
Public and NHS staff
impacted by COVID-19

Services and registrations
are free of charge

We have an open-door policy. In order to access one-to-one counselling and support groups you must be a registered client.

CANCER AND COVID-19 SUPPORT



ONE-TO-ONE SUPPORT CONSULTATIONS

Emotional Support
Counselling
Complementary therapies: Relaxation;
Emotional freedom technique; Distance reiki
Welfare and benefits
Legal information
End of life (EoL) and bereavement*

* Offered for all diseases for patients, carers and bereaved who live or work in Hounslow, or if the patient is/was hospitalised at the West Middlesex University Hospital.



ONLINE WORKSHOPS AND WELL-BEING CLASSES

Yoga
Tai Chi
Art Class and Flower Remedies (separate workshops)
Hot Flushes, Body Image and Impact on Sexual life
Creative writing
Book Group
Legal support
'How people grieve'
Managing Stress
Aroma Sticks
Emotional Freedom Technique
Guided Meditation
Ladies Morning
Paired Massage and Self massage
Sleep Management
Cancer Nutrition



SUPPORT GROUPS

Patients
Carers
Bereaved

NO APPOINTMENTS NEEDED

To register, please call:

Rochelle	07759 946 600	9:30am–1.30pm
Raffa	07376 658 623	9.30am–1.30pm
Lucy	07592 873 235	1.00pm–5.00pm

PLEASE VISIT OUR WEBSITE

For timetable and more
information

www.themulberrycentre.co.uk



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